Clarity Clinic

Grief Group

Facilitated by Michelle Augoustatos, LCSW

Are you struggling with grief and loss? Have you found yourself feeling alone?

This group will provide a safe space to learn about and help deal with the grieving process. You will learn how to develop and use coping skills to help alleviate your symptoms of grief.

Mondays
5 pm to 6 pm
Virtual & In-Person Options
Insurance Accepted:

Aetna, BCBS, Cigna, Humana, Medicare, United Healthcare, Self-Pay

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For inquiries:

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