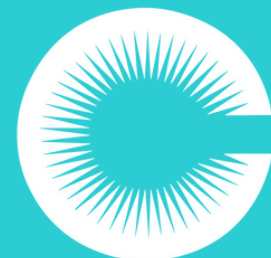




# Early Recovery Support Group



Clarity Clinic

Early recovery from substance abuse and addiction is often challenging, uncertain, and lonely. The support group offers a safe space to process the experiences that come with early recovery from addiction and learning to live life without substances.



## Overview:

- Group therapy/counseling is a form of talk therapy in which one or more psychologists engages with a small group of patients.
- The groups are designed to address a specific and unified area.
- Group counseling is known to be one of the most effective methods for combating interpersonal challenges such as early recovery from substance abuse

## Group Details:

**Meeting Frequency:** Every Tuesday, 7-8 pm via Telehealth

**Facilitator:** Sarah Kelly, LCSW, CADC

**Insurance:** Aetna | Blue Cross Blue Shield | Cigna | Humana | Medicare | UnitedHealthcare | Self-pay \$50

**Contact:** [skelly@claritychi.com](mailto:skelly@claritychi.com)

## Join:

[www.claritychi.com/class/early-recovery-support-group/](http://www.claritychi.com/class/early-recovery-support-group/)

